

ADMIRAL WESTPHAL NEWS!

902-435-8305

6 Fourth Street, Dartmouth, NS

awes@hrce.ca

September 15th 2026

*Hello AWES Families,
Well here we are...well into September! Time sure is flying by! The first few weeks of school are always exciting and a bit challenging but it seems we have settled into the new year. Students have done some great early work promoting positive and safe spaces by being mindful of school expectations and working to be kind to others. I look forward to the year ahead!*

*As always, reach out anytime.
N. MacDonald*

THANK YOU

**A big AWES
Thank you to
the Knights of
Columbus for
supporting
our school
with a
delicious BBQ
last week!**

Upcoming Events

September:

22nd - Hold & Secure Drill
25th - PD Day (No School)
29th - Orange Shirt Day.
30th - Truth & Reconciliation Day (No School)

October

1st - Treaty Day (School Open)
2nd - Terry Fox Walk (Watch for the permission slip).
12th - Thanksgiving Holiday
16th - Photo Day!

There is no "I can't", only "Not yet, but I will!"



Admiral Westphal is a
NUT FREE school.



Pancake breakfast on Sept. 4th!
AWES is so fortunate to be part of
such a supportive community!

Reminders

Visiting the School...

Visitors (including parents & guardians) must check in at the office when visiting the school. **No one, other than HRCE staff or prearranged volunteers are permitted to be in hallways or classrooms.** Thank you for your support!

Bell Schedule

8:30 AM: Supervision begins soft entry/student preparation
8:50 AM: Morning classes begin/attendance
10:20-10:35 AM: Recess
11:50 am-12:40 PM: Lunch
12:40 PM: Prepare for afternoon classes/attendance
12:50 PM: Afternoon classes begin
2:50 PM: Dismissal for all students

**Reminder - there is no supervision
at school prior to 8:30 AM.**

Contacting your child's teacher...

Should you wish to contact your child's teacher please keep in mind that teachers are not able to regularly check their email throughout the day and therefore replies cannot be immediate.

If you are uncertain of how to contact your child's teacher please email the school at awes@hrce.ca. We will direct your message to the teacher.



For urgent matters please call the main office at 902-435-8305.



(Click Image for Details)



Head Lice Prevention Information

The Department of Education and Early Childhood Development (EECD), has committed to following the recommendations of health care professionals and supporting school communities in the treatment and prevention of head lice.

The department's focus on the treatment and prevention of head lice is an effort to support student attendance and full participation at school. In accordance with these principles and healthcare standards, students with head lice should be treated at home and continue to attend school as usual. The confidentiality, privacy, dignity, and best interests of students and their families will be respected at all times.

"No-nit" or "no head lice" policies that keep children away from school are not effective. Head lice are common among students: they do not spread disease and cases of head lice are often misdiagnosed.

Additional information on how to prevent, find, and treat head lice is available [HERE](#).

POSITIVE SPACES

As part of our early work to create positive & safe spaces at Admiral Westphal, these expectations are posted throughout the school. We will also focus on them during assemblies.



Using positive and kind language at school will be an ongoing focus at AWES.





Students did some great work learning about the importance of kindness last week. They also learned about healthy choices with food from our school garden!

