

ADMIRAL WESTPHAL NEWS!

902-435-8305

6 Fourth Street, Dartmouth, NS

awes@hrce.ca

September 1st 2026

Welcome back! We hope everyone had an enjoyable & rejuvenating summer! Teachers have been hard at work preparing to welcome students to another exciting year of learning! We can't wait to welcome students back!

See you on Thursday!

N. MacDonald

THANK YOU

A big thank
you to
Mr. David &
Mr. Ibrahim
who have
Admiral
looking
amazing!

Upcoming Events

September:

2nd - Curriculum Night 6 PM
3rd - First Day Back for Students!
7th - Holiday
10th - Stand Up to Bullying Day
25th - PD Day (No School)
29th - Orange Shirt Day.
30th - Truth & Reconciliation Day (No School)

There is no "I can't", only "Not yet, but I will!"

Emergency Drills

Over the course of September we will be practicing our emergency drills (Fire, Lockdown, and Hold & Secure). These drills are important pieces of ensuring a safe school environment and please be assured that staff at our school will spend time discussing the importance of these procedures with students prior to running a drill. We will also take time after the drill to remind them that it was only a practice and there was no danger.

After School Arrangements

To ensure student safety, students are not permitted to alter their after school routine, unless the office/teacher is notified. (ie. walk home when they typically take the bus, go home with a friend, etc). Please keep us advised of any changes. Thank you for your support with this!

Reminders

Visiting the School...

Visitors (including parents & guardians) must check in at the office when visiting the school. **No one, other than HRCE staff or prearranged volunteers are permitted to be in hallways or classrooms.** Thank you for your support!

Bell Schedule

8:30 AM: Supervision begins soft entry/student preparation
8:50 AM: Morning classes begin/attendance
10:20-10:35 AM: Recess
11:50 am-12:40 PM: Lunch
12:40 PM: Prepare for afternoon classes/attendance
12:50 PM: Afternoon classes begin
2:50 PM: Dismissal for all students

Reminder - there is no supervision at school prior to 8:30 AM.



A NOTE ON ARRIVAL & ATTENDANCE...

Attending school regularly and on time is crucial for students' academic and personal development. At AWES, instruction begins at 8:50 AM.

Why does it matter...?

1. **Maximizing Learning Time:** Every minute in the classroom counts! When students attend regularly on time, they don't miss out on important instructions, morning routines, or the start of lessons. This sets them up for success!
2. **Building self-efficacy:** Consistently attending on time is a valuable life skill that helps students develop a sense of responsibility and respect for their time and the time of others. It's a habit that will benefit them now and in the future!
3. **Creating Positive School Habits:** Students who consistently attend on time are more likely to engage fully in school activities, participate in discussions, and start their day with a positive mindset. It sets the tone for the rest of their day.
4. **Reducing Stress:** An established routine can help students feel more organized and less stressed. This can support a productive, positive day.

What You Can Do to Help:

Set a Routine: Establish a consistent morning routine that gives your child enough time to get ready and head to school without rushing.

Talk About the Importance: Have a conversation with your child about how being punctual helps them stay engaged and succeed in their studies.



We understand that mornings can be hectic, and occasional delays are inevitable. However, we ask for your continued support in helping your child develop this important habit. Together, we can ensure that every student has the opportunity thrive at school! Thank you for your partnership in supporting your child's education.



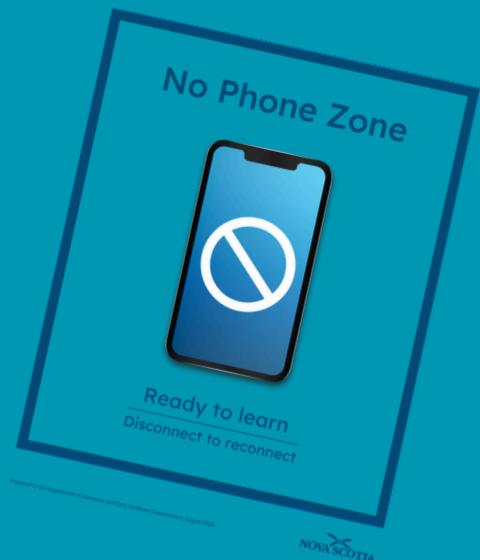
Contacting your child's teacher...

Should you wish to contact your child's teacher please keep in mind that teachers are not able to regularly check their email throughout the day and therefore replies cannot be immediate.

If you are uncertain of how to contact your child's teacher please email the school at awes@hrce.ca. We will direct your message to the teacher.



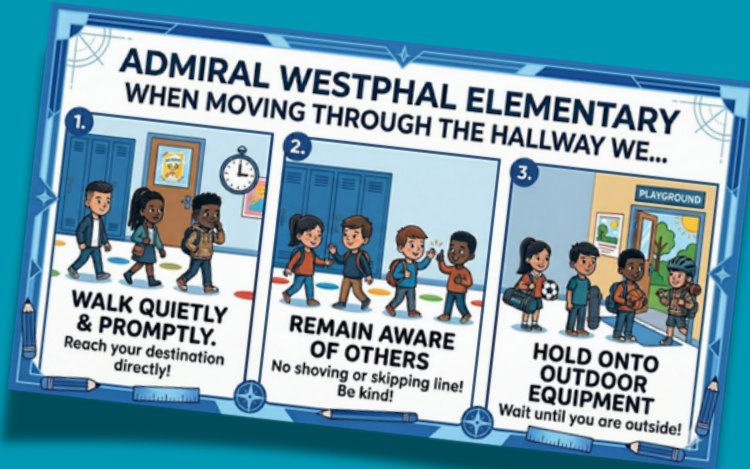
For urgent matters please call the main office at 902-435-8305.



A reminder that students in P-6 are not permitted to have cell phones out during the school day. Phones must be turned off and stored for the entire time students are at school.

POSITIVE SPACES

Much of our early work as a school community will focus on ensuring we establish a safe and positive school climate. This work will build on the Provincial Safe Schools Strategy and Provincial Code of Conduct. Two of our first areas of focus will be on classroom and hallway expectations.



There are many ways that volunteers can support our school. Should you be considering volunteering please review the HRCE Volunteer guidelines [HERE](#).

